Fall Session - Sept 8 to Dec 19, 2015 Winter Session - Jan 4 to Mar 12, 2016

## **BURNABY SKATING CLUB 2015-2016**

## Fall / Winter Schedule

	Monday	Tues	sday	Wedi	nesday		Thursday		Friday	Satur	day	
РМ	Kensington	Burnaby Lake	Off Ice	Kensington	Off Ice	Burnaby Lake	Bill Copeland	Off Ice	Kensington	Kensington	Off Ice	АМ
										8:45-9:30	8:45-9:15	8:45
3:00										Canskate	StarSkate	9:00
3:15												9:15
3:30	3:30-4:45	3:30-4:30		3:30-4:30		3:30-4:30			3:30-4:45	9:30-10:15		9:30
3:45	Senior/	StarSkate/		Senior/		Future		3:45-4:15	Senior/	StarSkate	9:45-10:30	9:45
4:00	StarSkate	Future Stars	4:00-4:30	StarSkate		Stars		S & S	StarSkate		Senior	10:00
4:15			Senior							10:15-10:45		10:15
4:30		StarSkate GE	4:30-5:00				4:30-5:00	4:30-5:00		StarSkate D/S		10:30
4:45	Flood	4:45-5:15	Future Stars		4:45-5:15		S & S D/S	Future Stars	Flood	10:45-11:15		10:45
5:00	5:00-5:45	Senior D/S	5:00-5:30		S & S		5:00-6:00		5:00-5:45	S & S GE		11:00
5:15	CanSkate	5:15-6:15	StarSkate				Senior/		CanSkate /	Flood		11:15
5:30		Senior					StarSkate		<b>Power Skating</b>	11:30-12:30		11:30
5:45										Senior		11:45
6:00							6:00-7:00					12:00
6:15		Senior GE					Senior					12:15
6:30										12:30-1:30		12:30
6:45										Senior		12:45
7:00												1:00
												1:15
												1:30

NOTE: Kensington and Burnaby Lake Arena start on Sept 8. Bill Copeland Arena starts on Sept 24, 2015.

IMPORTANT DATES:			
Open House (Kensington Arena)	Sep 12, 2015 (Sat)	Christmas Party (Kensington Arena)	Dec 19, 2015 (Sat)
Thanksgiving Monday - No Skating	Oct 12, 2015 (Mon)	Christmas Break - No Skating	Dec 20, 2015 (Sat) to Jan 4, 2016 (Mon)
Ringette Tournament - No Skating	Nov 11, 2015 (Wed) to Nov 14, 2015 (Sat)	Year End Show / AGM (Kensington Arena)	Mar 5, 2015 (Sat)

CanSkate	* CanSkate is Canada's leading learn to skate program.
Future Stars	* Future Stars is a program designed for skaters wishing to learn figure skating.
StarSkate	* StarSkate is for skaters working in StarSkate stream.
Senior	* Senior is for skaters who can consistently land an axel jump or higher.

Group Enrichment (GE) \* These are group classes focusing on the basic fundamentals of power, strength, agility, flexibility, posture and carriage in a fun creative environment.

Dance and Skills \* This session is designed for skaters of all levels to work on skills and dances from Skate Canada's test stream.

Off Ice \* Conditioning specific for figure skaters. A variety of classes included such as dance, flexibility, stretching and off ice jump technique

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## Fall / Winter Schedule

StarSkate		(Note: Coaching			
Day	Time	Session	Duration	Weeks	Price
Mon	3:30-4:45pm	Open Ice	75 mins	23	\$ 130.00
Tue	3:30-4:45pm	Open Ice & GE	75 mins		
	5:00-5:30pm	Off Ice	30 mins	25	\$ 250.00
Wed	3:30-4:30pm	Open Ice	60 mins		
	4:45-5:15pm	Off Ice	30 mins	24	\$ 185.00
Thu	3:45-4:15pm	Off Ice	30 mins		
	4:30-5:00pm	Dance & Skills	30 mins		
	5:00-6:00pm	Open Ice	60 mins	22	\$ 220.00
Fri	3:30-4:45pm	Open Ice	75 mins	24	\$ 135.00
Sat	8:45-9:15am	Off Ice	30 mins		
	9:30-10:15am	Open Ice	45 mins		
	10:15-10:45am	Dance & Skills	30 mins		
	10:45-11:15am	GE	30 mins	21	\$ 315.00
				Full Package	\$ 1,100.00

Senior		(Note: Coaching				
Day	Time	Session	Duration	Weeks		Price
Mon	3:30-4:45pm	Open Ice	75 mins	23	\$	130.00
Tue	4:00-4:30pm	Off Ice	30 mins			
	4:45-5:15pm	Dance & Skills	30 mins			
	5:15-6:30pm	Open Ice & GE	75 mins	25	\$	340.00
Wed	3:30-4:30pm	Open Ice	60 mins			
	4:45-5:15pm	Off Ice	30 mins	24	\$	185.00
Thu	3:45-4:15pm	Off Ice	30 mins			
	4:30-5:00pm	Dance & Skills	30 mins			
	5:00-6:00pm	Open Ice	60 mins			
	6:00-7:00pm	Open Ice	60 mins	22	\$	320.00
Fri	3:30-4:45pm	Open Ice	75 mins	24	\$	135.00
Sat	9:45-10:30am	Off Ice	30 mins			
	10:45-11:15am	GE	30 mins			
	11:30-12:30pm	Open Ice	60 mins			
	12:30-1:30pm	Open Ice	60 mins	21	\$	440.00
				Full Packag	е\$	1,400.00

Burnaby Skating Club P.O. Box 44061, Burnaby, B.C. V5B 4Y2 Email: contact@skateburnaby.ca

website: www.skateburnaby.ca

CanSkate (Learn to Skate)								
Day	Day Time Duration Weeks Price							
Mon	5:00-5:45pm	45 mins	23	\$	241.50			
Fri **	5:00-5:45pm	45 mins	23	\$	241.50			
Sat	8:45-9:30am	45 mins	21	\$	220.50			

\*\* Power Skating offered - limited spaces available

Future Stars (Learn to Figure Skate)								
Day Time Duration Weeks Price								
Tue On Ice 3:30-4:30pm 60		60 mins						
Tue Off ice	4:30-5:00pm	30 mins	25	\$	420.00			
Thu On Ice	hu On Ice 3:30-4:30pm							
Thu Off Ice	4:30-5:00pm	30 mins	24	\$	400.00			
			Full Package	\$	720.00			

- 1) All skaters must register and pay the Skate Canada Annual Membership Fee and Insurance (\$33.00).
- 2) Non-BSC members will be charged an additional 10% on all programs and sessions.
- 3) Please refer to club policies as posted on www.skateburnaby.ca
- 4) Date, time and location of all sessions are subject to change. Please check www.skateburnaby.ca for up to date information.
- 5) Parents of skaters are expected to participate in volunteering and fund raising projects of the club throughout the year. Some fees may be charged in advance.
- 6) All skaters must bring their own skates, helmets and gloves. No rental is available at the rink.



